

**1997, 2010, 2011
IHSA 3A
State Champions**

L
P
H
S
T
F



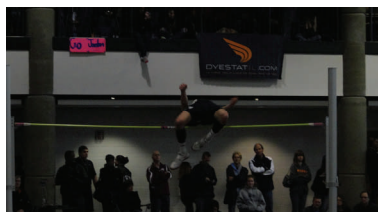
A New Beginning...

The 2011 Track & Field season was a special one for the Lancers. The team captured its second straight and third overall State Championship! The team was also the UpState 8 Valley Division Indoor and Outdoor Conference Champions.

The 2012 team will have a slightly different look but will still carry high expectations. Graduated is arguably the most prolific trio of field athletes the state has ever seen in Zach Ziemek, Jermaine and Jeremy Kline. Yet the team looks to reload with another group of talented athletes.

At an "open" meet in early January some of these Lancers already made a strong statement. Kevin Spejcher high jumped 6' 10" which is #1 in the country right now! Scott Filip's long jump of 22' 0" is #1 in Illinois. Marcus Jegede's triple jump of 46' 0" is #1 in Illinois #17 in the country and would have been a school record if done during the season. Newcomer Shawn Koch's long jump is #3 in Illinois.

The 2012 season will continue to bring outstanding performances in the field events and much improved performances on the track. The team begins with its first practice today and opens their competition season with a meet on Friday February 10th at Oak Park.



Senior Kevin Spejcher



Junior Scott Filip



Sophomore Marcus Jegede

JAY IVORY
HEAD COACH
JIVORY@LPHS.ORG

Assistant Coaches

Eddie Eisman Sprints
Doug Juraska Pole Vault/High Jump
Tom Kaberna Long/Triple Jump
Lance Murphy Distance
Bob Nihells Shot Put/Discus



2011 Trophy Presentation