



**1997, 2010, 2011, 2012, 2013
IHSA 3A
State Champions**

Things are looking Up at Downers South...



This past Saturday the Lancers competed at the Downers South "Bud Mohns" Invite. The Varsity finished in 2nd place by just four points while the Frosh/Soph team ran away with 1st place. Along the way, 3 Lancers set meet records. Mike Prestigiacommo set the Varsity Discus record with a throw of 191' 10"! Chago Basso set the Frosh/Soph Discus record with a throw of 175' 2"! Finally, Ethan Koval set the Frosh/Soph Pole Vault with a vault of 13' 9"!



The Frosh/Soph team was led by five 1st place finishes. Dan Spejcher won both the Triple Jump and the 110 High Hurdles. Darius Allen won the Long Jump. 2nd Place finishes included Colin Kirkham in the 3200m and the 4x200 relay of Allen, Tyler Davis, Alec Verven and Jake Carvalho. Jarod Pankau took 2nd in the Discus while Allen took 2nd in the 110 HH and Spejcher was 2nd in the High Jump. 3rd place finishes included Tommy Paprocki with a PR in the Pole Vault, Tyler Davis in the Triple Jump, Eric Bayer with a PR in the 3200m, Diamante Smith in both the High Jump and Long Jump. The 4x100 relay of Koval, Allen, Davis and Verven took 3rd as did the 4x800 relay of Jason Joda, Alex Caines, Alex Jorgensen and Luke Worwa.



The Varsity competition saw the Lancers take four 1st place finishes. Antonio Shenault looks to be rounding into form as he captured 1st in the 110 HH. Dylan Scheirich captured another 1st in the Shot Put. Finally, the 4x100 relay of Paul Garcia, Peter Szkaradek, Alex Giraud and Shenault took 1st. Gio Basso finished 2nd in the Long Jump, Triple Jump and 100m. Austin Lynch took 2nd in the Discus. Zach Schwarz captured 2nd in the 800m. The 4x200 and 4x400 relay teams of Garcia, Szkaradek, Giraud and Joey Spitali also finished 2nd. Other PR performances included Spitali in the High Jump, Melvin Smiley in the 100 & 200m and Billy Murphy in the 3200.



The Lancers finally look to be rounding into form. Next up is a Freshman only invite at Barrington today and a Tri meet at East Campus on Tuesday.

