

**1997, 2010, 2011, 2012, 2013
IHSA 3A
State Champions**

For complete results and more pictures check out the team website
www.lphstrack.com



Chago Basso contemplates his next throw



Darius Allen sprints the 100m



James Jaskowiak soars over the High Jump



Alex Carbonell waits for his next attempt

Battle at Barrington...

Last night the rain held off (for the most part) and the Freshman team competed at the Barrington Invite. It is the only meet of the year where Freshman only compete against other Freshman. The Lancers finished 4th overall. Leading the charge once again was Chago Basso. He broke two meet records in the Shot Put and Discus while taking 1st place in both events. Ethan Koval took 2nd in the Pole Vault with a PR and 3rd in the 200m. Jake Hianik bounced back and forth from his events while taking 3rd in the 110HH, and 2nd in the Long Jump while setting PR's in both. Alex Carbonell tied his PR while taking 3rd in the Pole Vault. Deonte Givens set a new PR in the Long Jump while placing 3rd.

Other strong performances came from Billy Murphy in the 4x800 relay as he chased down another runner to improve the team's place. Darius Allen also had PRs in the 110HH, 300 IH and 100m. It was a great learning experience for the Freshman and gives them a foundation to build upon. The team is back in action today at East Campus as the Lancers host Wheaton South and St. Charles East at 4:30.



Jake Hianik runs the 110 High Hurdles



Ethan Koval on the Pole Vault runway



Jacob Pacione hands off to Billy Murphy in the 4x800



Zach Rae prepares to lead off the 4x100 relay