Lake Park Track & Field

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1997, 2010, 2011, 2012,2013 IHSA 3A State Champions

For complete results and more pictures check out the team website www.lphstrack.com



The Varsity 4x800 relay team warming up





Mike Prestigiacomo & Curtwan Evans



Ashwin Saravanapandian and Luke Worwa



No Comment

County Confidence...

Last Friday night the Lancers competed at the DuPage County meet. This is an outstanding competition whose team make up provides possible glimpses of what is to come in the DVC Conference and IHSA Sectional meets. The Varsity team took 2nd place while the Frosh/Soph took 5th.

Once again the throwers (Varsity - Curtwan Evans, Mike Prestigiacomo, Frosh/Soph- Dylan Scheirich, Chago Basso, and Austin Lynch) led the way as they nearly completed a 1-2 sweep at both levels. Discus was especially good as Evans, Prestigiacomo, and Lynch all threw big PRs!

On the track the 4x800 relay of Zach Schwarz, Matt Miarka, Lucas Bracher and Jeremy Lozano led off the scoring with a 1st place finish. Antonio Shenault took 1st place in the 110HH. The F/S 4x100 relay team of Peter Szkaradek, Nathan Figueroa, Ethan Koval and Darius Allen captured 1st place in a photo finish. Eric Dade got up for 2nd in the 800m. Luke Worwa ran a PR time in the 400m. Austin Weil and CJ Molino ran PR's in the 300 IH while Weil took 3rd. In the 1600m Will Dover and Andy Tomaka both set new PRs.

Back in the Field, Vaulters Ethan Koval and Kyle Brown set new PRs while taking 2nd and 3rd. Elliot Krause won the Varsity Vault competition while tying his PR. In the Triple Jump Deonte Givens improved his PR.

Next up for the Lancers is their 1st DVC Outdoor Conference meet this Friday night. The competition will take place at East Campus with Field events starting at 4:30 and running at 6:00.

Antonio Shenault hands off to Gio Basso



A special thanks to all those who helped at the Special Olympics meet on Saturday morning!

