

1997, 2010, 2011, 2012, 2013
IHSA 3A
State Champions

Let's Get It Started!



The team opens the 2014 season at Oak Park High School Saturday March 15th . Pole Vault starts at 8am and the other events start at 9.



For lots more information check out the team website

www.lphstrack.com



The 2014 Track and Field season has begun! Last year was a fantastic season in which the Lancers captured their 3rd straight U8 Conference title, the Illinois Top Times Indoor State meet and the IHSA Sectional before capping the season by capturing their 4th straight IHSA 3A state championship! The 2014 campaign brings a new conference and new challenges. If the team is to capture its 5th title it will have to replace some of the most decorated athletes in school history. Here is the team preview according to DyeStat IL...

Roselle Lake Park

This team will miss the points and the depth that they had in the horizontal jumps with the graduation of **Scott Filip (Rice University)** and **Shawn Koch (Northern Iowa)**. They still have **Marcus Jegede** who will be a favorite in both of those events. **Gio Basso** will step into the spotlight and could score points in either of those events.

The points that they lost in the Pole Vault with the graduation of **Tim Ehrhardt (Michigan State)** and **Derrick Smith** could be replaced by the weight events. **Curtwan Evans** and **Mike Prestigiaco** could score some big points in the Shot Put and the Discus.

Lake Park is no longer JUST a field event team. **Antonio Shenault** will enter the blocks as one of the favorites in both of the hurdle races. Along with Jegede, Shenault could be a part of a good 4x1 squad. Last year, the 4x1 placed with Jegede on it. Basso, Shenault, and possibly **Joe Pierce** could be a force in that event. Their 4x8 team just missed qualifying for the state meet. The talent is there led by **Eric Dade** and **Jeremy Lozano**, the team could have the talent to make it back to the state meet. Lozano could also get into the state field in the 1600 Meter Run.

Lake Park has a little less wiggle room in going for a state championship. The talent is there to get that fifth title in a row and put this program in a class all by themselves.

Read more: [DyeStatIL - News - 2014 IL 3A Boys Track and Field Previews – Teams http://www.runnerspace.com/gprofile.php?mgroun_id=44774&do=news&news_id=219748#ixzz2tDDjG5iS](http://www.runnerspace.com/gprofile.php?mgroun_id=44774&do=news&news_id=219748#ixzz2tDDjG5iS)