



1997, 2010, 2011, 2012, 2013
IHS 3A
State Champions

A Fresh Start...

The 2014 Track & Field season had its shares of ups and downs. The team captured the Indoor DVC Conference Championship as well as the IHS 3A Sectional crown. However, the Lancers come up just a bit short of their goal of a 5th straight IHS 3A State Championship as the team finished in a 2nd place tie. Gone from that team are the likes of All State athletes Marcus Jegede, Curtwan Evans, Jeremy Lozano, Eric Dade and Lucas Bracher. Still, the prospects for the 2015 campaign are promising!

The Lancers return defending state champ Antonio Shenault in the hurdles, as well as All State athletes Mike Prestigiacomo in the Throws, Gio Basso in the Sprints/Jumps, and Matt Miarka in Distance. Other Lancers have waited their turn and should be ready to step up to the challenge. Newcomers to look out for include Chago Basso, Dylan Scheirich and Austin Lynch in the Throws; Pole Vaulters Tyler Rinchioso, Lucas Bennett Kyle Brown and Ethan Koval; In the Jumps Greg Love is one to watch; In the Sprints/Hurdles Paul Garcia, Jacob Bartoli and Peter Szkaradek; In the Distance events look for Zach Schwarz.

The team is excited to begin the 2015 season with the first meet Feb 14th at Oak Park HS. The team is coached by Jay Ivory—Sprints/Hurdles, Doug Juraska—Pole Vault/High Jump, Tom Kaberna—Long/Triple Jump, Lance Murphy—Distance, and Bob Nihells—Shot Put/Discus.

