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IHSA 3A
State Champions

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Seeing Stars...

This past Saturday the team competed against the St Charles North Stars. This was the second meet for the team, and athletes looked to improve upon performances from the first meet.

Newcomers Kevin Amerlan, Marcos Alvarez, Dante Glover, and Patrick Ryndak showed promise in the long and triple jumps. Throwers Jose Rivas, Peter Zubak, Julio DeJesus, Kevin Baczek among others said they learned a lot from the experience. This meet marked the debut of the newest pole vaulters like Alex Carusiello, Nate Figueroa, Brad McQueen, and Peter Szkaradek who looked to establish their first marks of the season. Distance runners David Fitzgerald, Saahil Patel, Matt Kopec and John Bradley all posted big improvements from last week's meet! The sprints saw improvements from Jackson Nie, Jeff Michareune, and Brendan Fleming.

Score was kept and the Lancers came out ahead, but the real value of the meet was getting more experience for the newer athletes. The team will be back in action this Saturday at the Proviso West Invite, a major competition with 16 teams.



JAY IVORY
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Assistant Coaches

Doug Juraska	Pole Vault/High Jump
Tom Kaberna	Long/Triple Jump
Lance Murphy	Distance
Bob Nihells	Shot Put/Discus
Alex Rummelhart	Distance