

1997, 2010, 2011, 2012, 2013
IHSA 3A
State Champions

For complete results and more pictures check out the team website
www.lphstrack.com



The team cheers on the 4x400 relay at the end of the meet.



Soph CJ Molino leads off the 4x400 relay



Senior Ryan Panganiban goes vertical in the Pole Vault

Big Throws at Wheaton North!

This past Friday night the team competed in a Triangular Meet (3 teams) at Wheaton North. It was the last “tune up” before the DVC Conference meet, and it saw some good results for the Lancers.

The throws were certainly a highlight of the meet. PR fever must have been contagious as Curtwan Evans, Chago Basso, Austin Lynch and Max Karlis all threw big PR’s and nearly swept all of the top 4 places. Nathan Figueroa vaulted to a new PR while taking 1st place. The 4x200 relay team of Darrius Allen, Zach Rae, Jony Tanase, and Jake Hianik captured 1st place. Other PR performances included Robert Kincanon in the 1600m and Hianik in the Long and Triple Jump.

On the Varsity level 1st place finishes included Matt Miarka in the 800m, Evans in the Shot Put, Gio Basso in the 200m and Triple Jump, Joe Pierce in the Long Jump and Elliot Krause in the Pole Vault. Other strong performances included Jeremy Lozano in the 400m, Nate Celia in the Triple Jump, and Chris Filip in the High Jump. Mike Race had a PR in the Triple Jump.

Next up for the Lancers is the DVC Indoor Conference meet this Friday night at North Central College, and the team is looking forward to the challenge. Field events start at 4:30 and running events at 5:00.



Senior Curtwan Evans winds up in the Shot Put



Soph Eric Gal makes his final approach to the High Jump while teammate Greg Love looks on