



1997, 2010, 2011, 2012, 2013
IHSA 3A
State Champions

Throwing Wild...



This past Friday the Lancers competed at Wheaton North in one last tune up before the DVC Conference meet.

If you hadn't heard, our throwers are pretty good. Two more have entered the 50' club and they are Peter Zubak and Alex Pape. That gives LP 6 throwers over 50' this season! Jarod Pankau won the F/S Shot Put. Other PR throwers included Tim Lauing, Alex Yacoub, and Nick Widlowski.

Pole Vault also had a good night at Lucas Bennett and Ethan Koval set new PRs and took 1st and 2nd. Tommy Paprocki made his debut in the event and showed promise.

In the horizontal jumps, Solomon Sangobowale made a strong statement as he set PRs in both the Long and Triple Jumps while winning both events. Jarkeyse Brackett made a strong debut in the Long Jump and Melvin Smiley and Frank Lesny set a new PRs.

On the track, Colin Kirkham captured 1st place in the mile with a new PR. Both 4x800 relays: Alex Caines, Jason Joda, Will Dover and Steve Beugnet and Zach Schwarz, Ian Vandergrift, Kush Patel and John Bradley also took 1st. The 4x400 relay of Marcel Spiewak, Alec Verven, Brandon Justiniano and Ashwin Saravanapandian ended the night by taking 1st place.

Up next for the Lancers is the DVC Frosh/Soph and Varsity Conference meet on Friday night at North Central College. The Varsity will look to repeat as Indoor Champions. Field Events start at 4:30 and Running Events start at 5:30.

