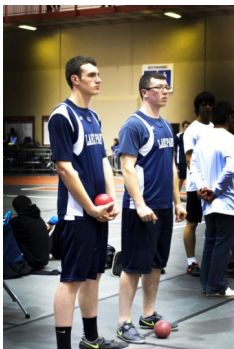


1997, 2010, 2011, 2012, 2013
IHSA 3A
State Champions

For complete results and more pictures check out the team website
www.lphstrack.com



Soph Austin Lynch and Junior Peter Zubak



Frosh Deonte Givens



Above—Soph Kyle Brown
 Right—Senior Xavier Davis,
 Frosh Will Dover & Senior Eric Dade

The Week That Was...

The week before Spring Break was a busy one for the Lancers Track and Field team. It started on Tuesday when the Frosh/Soph team competed at the Fenton Invite. For the 7th year in a row the team came away as champions! First place finishes came from Dylan Scheirich in the Shot Put, Eric Gal in the Long and Triple Jumps, Zach Schwarz in the 800, Nate Figueroa in the Pole Vault and Peter Szkaradek in the 400m. Other strong performances came from Chago Basso, Greg Love, Kal'el Wright-Jones, Darius Allen, Jake Hianik, Kyle Brown, Zach Rae, Jony Tanase, and Deonte Givens.

On Thursday the JV team competed at Glenbard North in the DVC JV Conference meet. Although no team scores were kept, the meet provided some strong efforts for the Lancers. Tommie Jackson continued to make progress in the 55 High Hurdles. Xavier Davis ran a very strong 55m as did teammate Kamal Holmes. Alex Copca and Julian Boryszewski made their season debuts. In the field events Brad McQueen (Triple Jump), Aaron Celia (Pole Vault) and Peter Zubak (Shot Put) all set new PRs.

The last meet of the week was the Illinois Top Times meet at Illinois Wesleyan University and it serves as the unofficial indoor state meet, but this year no team scores were kept. Marcus Jegede won the Triple Jump with a new indoor PR effort and took 3rd in the Long Jump. Shot Putter Curtwan Evans and Mike Prestigiacombo took 3rd and 7th place. Antonio Shenault broke his own school record while taking 2nd in the 60 High Hurdles. The 4x800 relay of Eric Dade, Lucas Bracher, Andy Birkley and Matt Miarka set the school record while taking 3rd place. Eric Gal took 7th in the Triple Jump. Other qualifiers included Joe Pierce in the Long Jump and 200m and Elliot Krause in the Pole Vault.

After such a busy week, a little "break" was well deserved, but the team continued to train and made its transition to the outdoor season. The first outdoor meet is this Saturday at Wheaton North.

