



LPHSTF

2010 IHSA 3A State Champions

Special Olympics!!

Are coming back to LP.
Saturday May 14th 9:00 a.m.
at West Campus. Once again
the boys track will be there to
help.

DuPage Track Club

www.dupagetrackclub.org

Registration is now open !

Thank goodness this was not
necessary this year.



For even more great pictures
and meet results go to
www.lphstrack.com

JAY IVORY
HEAD COACH
JIVORY@LPHS.ORG

Assistant Coaches

Chris Benak	Shot Put/Discus
Eddie Eisman	Sprints
Doug Juraska	Pole Vault/High Jump
Tom Kaberna	Long/Triple Jump
Lance Murphy	Distance
Bob Nihells	Shot Put/Discus

Finally...

It took until the month of May, but we finally got some decent weather as Glenbard West hosted the 13 team two level "Jim Arnold" invite this past Saturday. Amidst the better weather and the picturesque backdrop of Glen Ellyn, the Lancers turned in a 3rd place varsity finish and a 2nd place frosh/soph finish. Highlights include...

Zach Ziemek captured two 1st place finishes, 2 PRs, and 2 school records with a pole vault of 16' 1" and a triple jump of 49' 2"! Jeremy Kline and Greg Block finished 1-2 in the shot put with throws of 63' 3" and 57' 7". Jermaine Kline and Jeremy went 1-2 in the discus with throws of 183' 4" and 181'. Fortunately they kept the discs dry and no one had to go fishing for them in the lake. Scott Filip added a PR and a 2nd place in the triple jump with 45' 0.75". At the frosh/soph level Tim Ehrhardt and Derrick Smith went 1-2 in the pole vault both clearing 12' 6", a PR for Smith. Smith also added a 2nd place in the high jump with 5' 10". Marcus Jegede and Mike Amerlan captured 1st and 2nd in the triple jump with leaps of 41' 7" and 40' 2.5". Marcus' jump was a PR and also tied the freshman record for that event. Marcus added a 2nd place finish in the long jump with a PR and freshman school record of 21' 3"! Craig Ryan captured 2nd place in the discus with a toss of 123' 2.5". Curtwan Evans finished 2nd in the shot put with a PR throw of 44' 7". Jeremy Lozano captured 2nd place with a PR of 10:20.22 in the 2 mile.

Jermaine Kline, Greg Block, Jeremy Kline
The best collection of throwers ever?



Record setter
Jeremy Lozano



Zach
Ziemek
comes
in for a
landing.

