Luke Nally

North Central College

PR's

1500m - 4:09.41

3000m - 8:34.89

5000m - 14:40.02

10000m - 31:53.73

8000m XC - 25:57.0



2 time All-CCIW highlighted by a 2nd place finish in the 5k indoors 2014.

5000m Division 3 National Qualifier Indoors in 2014.