

Life After LP!!!

Here is an update on the latest news from some of our Alumni

Joey Pacione-Illinois Wesleyan U: 2014 CCIW Indoor Conference Champion in the Triple Jump and 7th in Long Jump. He is ranked 23rd in the nation indoor for D3 Triple Jump. He is the reigning 2013 Outdoor Triple Jump Conference Champ.

Steve Krauss-Grand Valley State U: In 2013 he was 6th in GLIAC outdoor conference meet in the 1500m.

Luke Nally-North Central College: During the 2014 Indoor season he got 2nd at the CCIW conference meet in the 5k and qualified for nationals. He is ranked 15th nationally in the 5k and 45th in 3k.

Zach Ziemek-U of Wisconsin-Madison: In 2014 he was 2nd at the Big Ten Indoor Conference meet in the Heptathlon and 5th at Nationals making him an All-American. In the 2013 Outdoor season he was the Big Ten Decathlon Champion and a National Qualifier in the Decathlon.

Danny Block-U of Wisconsin-Madison: IN 2014 he was 2nd at the Big Ten Indoor Conference meet in the Shot Put. He also finished 7th at Nationals making him an All-American. In the 2013 outdoor season he was 2nd in the Big Ten in the Shot Put and 4th in the Discus. At outdoor Nationals he was 6th in Shot, earning him another All-American accolade.

Greg Block-SIU-Edwardsville: In the 2014 Indoor season he won the Weight Throw at the OVC conference meet and got 5th in Shot Put. In the 2013 outdoor season he was 8th at the conference meet in Discus, 5th in Hammer, and 3rd in the Shot Put.

Scott Filip-Rice U : In his Freshman campaign he won the 2014 Conference USA Indoor Heptathlon.

Tim Ehrhardt Michigan State U: In his rookie season he took 2nd at the Big Ten Indoor Conference meet in the Pole Vault.

Shawn Koch-Northern Iowa U: As a Freshman in 2014 he took 3rd at the MVC Indoor conference meet in the Triple Jump.

Demetri Alimissis-Illinois State U: INDOOR 60m PR of 7.09. OUTDOOR: LJ PR of 22'8.5". 100m PR is 11.03 and 200m PR is 22.47

Kevin Spejcher-U of Iowa: INDOOR, PR in HJ of 6'11"

Per Johnson-Olivet Nazarene U: In his first year he took 5th place at the NCCAA champs (the 2 C's is correct) in the Shot Put.

