

LPHSTF



**2010 IHSA 3A
State Champions**

DTC

Is coming...



JAY IVORY
HEAD COACH
JIVORY@LPHS.ORG

Assistant Coaches

Chris Benak	Shot Put/Discus
Eddie Eisman	Sprints
Doug Juraska	Pole Vault/High Jump
Tom Kaberna	Long/Triple Jump
Lance Murphy	Distance
Bob Nihells	Shot Put/Discus

National Champions!!

On Saturday March 12th and 13th a few athletes from the Lancers Track & Field team competed at the USA Track and Field Indoor National Meet held at Proviso West High School. In USATF meets the athletes compete by

divisions which are determined by the athlete's age. Since the meet was sponsored by USATF and not the IHSA, these athletes competed as "unattached" individuals, but still represented the LP spirit.

Some of the highlights...

Jermaine Kline and Greg Block finished 2nd and 3rd in the Young Men's division of shot put.

Mike Amerlan captured 2nd in the Intermediate Boys division of long jump, triple jump, pole vault and 3rd in the 55 High Hurdles.

Cameron Siegle brought home a 3rd place in the Young Men's long jump.

And your NATIONAL CHAMPIONS ...

Zach Ziemek (Young Men's) - Pole Vault, Long Jump, Triple Jump

Jeremy Kline (Young Men's) - Shot Put

Kevin Spejcher (Young Men's) - High Jump

Scott Filip (Intermediate Boy's) - Long jump, Triple jump, 55 High Hurdles and High Jump.

